



**The Wingate Centre**

Brightening the Lives of Children  
with Disabilities

## Dance, Drama & Movement

Three brilliant courses for anyone aged  
16yrs and over with a learning or physical  
disability

In conjunction with *theatre*  
**BOX**



### **Drama**

**Mondays 11am-12 noon**

### **Dance & Movement**

**Tuesdays 11am-12 noon**

### **Drama & Movement**

**Fridays 11am-12 noon & 1-2pm**

Our fun sessions are  
designed to build self-  
confidence and creativity,  
improve posture and  
balance and enhance well-  
being whilst making new  
friends

**Only £5 per person**

**Advanced booking essential**

Courses run for a term. One off workshops also available.

For more info or to book your place call 01270 780456 or email

[gym@thewingatecentre.co.uk](mailto:gym@thewingatecentre.co.uk)

The Wingate Centre, Wrenbury Hall Drive, Wrenbury,  
Cheshire, CW5 8ES

[www.thewingatecentre.co.uk](http://www.thewingatecentre.co.uk) Charity Number 327713

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