

DadPad[®]

Introducing the DadPad...



The DadPad was created because babies don't come with a set of instructions.

Developed with the NHS, the DadPad gives new dads and dads-to-be the knowledge and practical skills necessary to be able to support themselves and their partner, and give their baby the best possible start in life.

The DadPad app is available for free download for all new dads and dads-to-be within the Cheshire and Merseyside area.

Simply enter the search term 'DadPad' into the app store for your phone/tablet and download - or click on the QR code below.

Once the app is installed, enter your postcode when prompted and select **'CHESHIRE AND MERSEYSIDE'**.

Download your DadPad app for free by scanning the QR code here:

NHS
Cheshire and Merseyside

Follow us on:



@dadpaduk

For more information on DadPad:
www.thedadpad.co.uk

