



BOB HOPE TABLE TENNIS ACADEMY - NANTWICH

WEEKLY SCHEDULE

| Hr | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | |
|-------|---|--|-------------------------------|---|--|--|--------|--|
| 10.00 | | U3A Table Tennis | | | | | | |
| 10.30 | | | | | | | | |
| 11.00 | PARKINSON'S BAT & CHAT 3 rd Monday of the Month 11am until 12.30 <i>Free of Charge</i> | | | | FRIDAY PING Fortnightly DEMENTIA- friendly table tennis 11.30am until 1pm <i>Free of Charge</i> | Saturday Junior Club 11am until 12.30 | | |
| 11.30 | | | | | | | | |
| 12.00 | | | | | | | | |
| 12.30 | | | | | | | | |
| 13.00 | | | | | | | | |
| 13.30 | | | | | | | | |
| 14.00 | U3A Table Tennis | | | | | | | |
| 14.30 | | | | | | | | |
| 15.00 | | | | | Bat & Chat For social table tennis & a cuppa. Open to all. 2pm until 4pm | | | |
| 15.30 | | | | | | | | |
| 16.00 | | | | | | | | |
| 16.30 | Junior Coaching: Starter: 16.30 – 17.45 Older teenagers & GCSE Coaching: 17.45 – 19.00 | Junior Intermediate Coaching | Junior Coaching | Thursday Ping Womens' Session. | Andrew Rushton Juniors: Beginner & Intermediates | | | |
| 17.00 | | | | | | | | |
| 17.30 | | | | Advanced Coaching Junior & Adults | | Andrew Rushton Advanced Coaching | | |
| 18.00 | | | | | | | | |
| 18.30 | Adults Beginner & Intermediate Coaching All welcome | League Match Nights | | League Match Nights | | | | |
| 19.00 | | | | | | | | |
| 19.30 | | | | | | | | |
| 20.00 | | | | | | | | |
| 20.30 | | | | | | | | |
| 21.00 | | | Club Practice Night | | | | | |
| 21.30 | | | | | | | | |
| 22.00 | | | | | | | | |

**For all group session enquiries, contact Jan Johns on janjohns1956@outlook.com,
or WhatsApp on 07884 310209.**