

**Supporting the
Nantwich
Community
living with
Dementia**



**10.30 am to
12.30 pm**

Drop in

Based in

**St Marys Parish
Hall Nantwich**

4th April 2024

Stand Strong

11th April 2024

RISE – seated sports

18th April 2024

Exercise with Andy

25th April 2024

Spring Crafts

2nd May

Stand Strong

9th May 2024

Age Uk Digital

16th May 2024

Dance with Bettina

23rd May 2024

Musical Moments

30th May 2024

Pottery Painting

6th June 2024

Stand Strong

13th June 2024

Nantwich in Bloom

20th June 2024

Pottery Painting

27th June

Pebblebrook Primary School

The Thursday Club (part of Creating Dementia Friendly Nantwich) supporting the community living with dementia contact lead volunteers **Dawn** on 07488285861 or **Lynn** on 07580097468

email thethursdayclubnantwich@gmail.com



Facebook: The Thursday club Nantwich