



## OPEN FOR BUSINESS!

**Nantwich bounces back for a bumper summer. Traders in Nantwich were enjoying the spell of good weather and all the additional people that are out and about enjoying the town and spending their hard earned money.**

The town centre has been buzzing this month with people finally able to escape the lockdown and enjoy all the amenities that Nantwich has to offer. Cafés and shops were full of happy smiling people making the most of the warm weather and the 'Eat out to help out' scheme.

The town itself is looking fantastic as usual with every inch of spare border filled to the brim with magnificent displays of flowers and bedding plants, meticulously maintained by the award winning team. This years planting scheme is rainbow themed as a tribute to NHS and other public service workers who have done so much for the nation in recent months. (see the Nantwich in Bloom article in this addition).

Cheshire East has taken the lead in promoting businesses in the town in an effort to and get people back to work. The leader of Cheshire East Council has announced that Councillor Sarah Pochin, (Bunbury ward) has been appointed as the council's business champion, to support economic recovery in the wake of the Covid-19 pandemic.

The Cheshire East 'Social Action Partnership' is aiming to develop a strong local social support culture through effective social action, the aim of the new service is to improve the health and well-being of residents.

Also in this newsletter are details of funding for smaller, local charities. £350,000 is available through 'Cheshire Minds Matter'. Grants are being targeted at services that help protect and enhance the mental health and well-being of disadvantaged people in communities across Cheshire and Warrington.

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### Funding support

Safer Communities Fund  
Cheshire Minds matter programme  
Grants for Community and voluntary groups  
Early Help and Asset Based Community Development Grants.  
CVS Community & Voluntary Services funding opportunities

**If you would like to contribute to future editions of the Cheshire East Community Newsletter.**

**Contact: Deb Lindop Community Development Officer**

**[deb.lindop@cheshireeast.gov.uk](mailto:deb.lindop@cheshireeast.gov.uk)**

**Business Sponsorship opportunities are also available**

Better  
Health

LET'S  
DO THIS

NHS

New moves. New foods.  
New habits. We've got ideas  
to get you started today  
Get help and support at

[nhs.uk/BetterHealth](https://nhs.uk/BetterHealth)



# Better Health

Public Health England have just launched a major new ground-breaking adult health campaign that provides an opportunity for the nation to reset and introduce healthy changes. For many, the past few months have been a wake-up call, with people realising how precious their health is and recognising that it is time to get back on track. The Better Health campaign provides a variety of tools and apps to help you make healthier food choices, become more active and prevent future weight gain. One of these tools is the NHS 12-week weight loss plan, to help you kick start healthier eating habits, be more active and start losing weight.

**The plan is broken down into 12 weeks so you can:**

- **set weight loss goals**
- **use the BMI calculator to customise your plan**
- **plan your meals**
- **make healthier food choices**
- **get more active and burn more calories**
- **record your activity and progress**

**Don't worry, the app makes it easy for you - just take it one week at a time. Let's make "one day" today!**

Did you know nearly two thirds (63%) of adults in the UK are overweight or living with obesity<sup>1</sup>. Gaining weight is often a gradual process that takes place over a number of years and modern life doesn't always make it easy. So what are you waiting for Lets Do This and reduce your weight within a healthy range, so you can cut your risk of being critically ill with COVID-19. Download the FREE app at <https://www.nhs.uk/better-health/>

NHS



## CUTTING DOWN CUTS MY RISK

Extra weight puts extra pressure on your body. Which makes it harder to fight against diseases like cancer, heart disease and now, Covid-19. Losing weight can help reduce your risk.

Get help and support to lose weight at  
[nhs.uk/BetterHealth](https://nhs.uk/BetterHealth)

Better  
Health LET'S  
DO THIS

# Mindful Movement & Moments of Calm

Transformotion DMP are delivering Tai Chi and Qi Gong sessions online and are really encouraged by feedback from their participants. People who were initially reluctant to use technology have discovered new skills and through virtual classes the Nantwich based company have been able to reach more people and offer more sessions than before when they physically located.



**Free Online Sessions**

Daily Qi Gong  
Monday to Friday  
12.30-1.00pm

Tai Chi & Qi Gong  
Tuesdays  
11.00am-12.00 noon

Wednesdays  
6.00-7.00pm

to register, please email  
[hello@transformotion.org.uk](mailto:hello@transformotion.org.uk)

supported by

Cheshire East Carers HUB

CHESHIRE COMMUNITY FOUNDATION

TRANSFORMATION DMP  
07760428554  
[www.transformotion.org.uk](http://www.transformotion.org.uk)

## Tai Chi & Qi Gong

for people living with chronic health conditions

- \* Traditional forms
- \* Person centred teaching
- \* Therapeutic framework

All sessions are delivered on Zoom, which is free to download.

Please let us know if you would like help getting online

*Some participants have expressed that, "even with all the challenges associated with delivering online, the sessions have been a 'lifeline' during the lockdown period".*

Funding from Cheshire East Carer's Hub and Cheshire Community Foundation has meant that they are able to offer free sessions for anyone affected. The offer includes Tai Chi & Qi Gong, using forms that work well with the space that people have when participating from home. The mindful movement and deep breathing associated with the practices have been helping people to find a moment of calm in stressful and difficult times and the focussed exercise helps to strengthen the body and maintain mobility. With regular practice Tai Chi and Qi Gong may also boost the immune system and assist with respiratory capacity.

The people attending these online sessions have said that the sessions have helped to manage pain and improve balance. Some folk living with Parkinson's have found that symptoms associated with the condition have improved. Please take a look at the flier for how to join us and feel the benefits. [Shirley Brocklehurst Dance & Movement Psychotherapist Practice Director](#) | [Transformotion DMP CIC](#)

## ART CLASS @ HOME

Lockdown has not had many positives but, one of them has been, the opportunity to learn new skills.

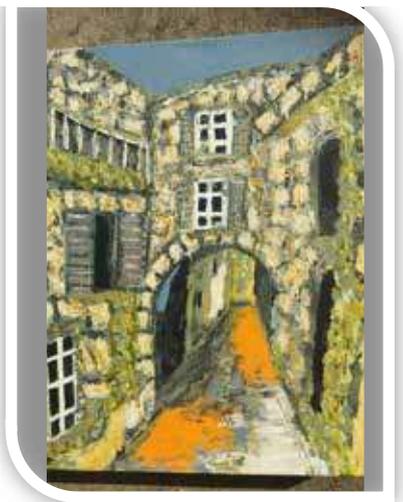
So, if you have ever felt tempted to learn how to paint, then now is a golden opportunity. Slade-trained, local artist David Jewkes, is offering free painting classes on Facebook Live, every Tuesday & Thursday, at 11am, for one-hour.

Let David's friendly style and in-depth knowledge of the subject, walk you through how to complete an acrylic painting.

**"If you don't have acrylic paint, don't worry," says David. "Use whatever materials you have at home. Just join in and enjoy the relaxing benefits of painting".**

If the time isn't convenient for you, then you can go on to his Facebook page and do the class at a time which suits you better. All of David's past painting classes can be found on his YouTube channel. Perhaps this could be a new way to relax for you, and good for your mental wellness so why not give it a go from home!

For more information about David Jewkes you can follow him on Twitter @DavidJewkesArt, see him on Facebook, [www.facebook.com/davidjewkesart](http://www.facebook.com/davidjewkesart), or find him on YouTube as David Jewkes. Please subscribe to his channel and share his Facebook page.



# Support for you in your caring role



You may not think of yourself as a carer, you may simply see yourself as someone's friend, partner, son or daughter, but if you are looking after someone who could not manage without your help you are a carer. You don't have to do it all yourself, but it can be hard to know what support is available and how to get it. Please have a look at these comments below and if you identify with any of them then Cheshire East Carers Hub and Crossroads Together can help you.

- I find it hard to balance my caring responsibilities with my everyday life*
- I have lost contact with my friends and don't get out much*
- I know I need a bit of a break, but don't think it will happen*
- I wish I could talk to someone who understands*
- I don't know where to go to get the help I need*
- I don't have the time to do much for myself*

Both services are free to access and can offer carers

- 1-2-1 or group based support
- Peer support
- Support to take a break
- Information, advice and guidance
- Access to a 24 hour CHAT Line manned by other Carers
- Support to access community, health and wellbeing services

Taking a break is especially difficult at this time of lockdown when friends and family cannot help practically. Many Carers are reporting that the amount of caring they are doing, both practically and emotionally has increased drastically. But access to Crossroads Together to enable you to have a short break is easy and ensures that you can enjoy some time for yourself, knowing that your loved one is being cared for. Time to refresh your batteries is vital to help your mental wellness and general well being. One carer said " its been life changing for me, there's nothing more I can say really, and I am sure all your clients feel like that too"



To get in touch and access these services please call: 0300 303 0208  
Or email: [enquiries@cheshireeastcarershub.co.uk](mailto:enquiries@cheshireeastcarershub.co.uk)

Or complete the online expression form here on this link: <https://www.n-compass.org.uk/need-our-help/service-referrals>

## COMMUNITY ANNOUNCEMENTS

### FREE ONLINE DIGITAL JOBS FAIR

job  
centre  
plus

# CREWE & NANTWICH JOBS FAIR

PART OF CHESHIRE & WARRINGTON WORKS 4 U

WEDNESDAY 26TH AUGUST 10AM ON LEARNLIVE

Multiple employers taking part discussing a wide range of job vacancies and apprenticeship opportunities

Register now and take the next step in your career



led by Dr Kieran Mullan MP

# Weaver Wander event in Nantwich to go ahead in September

The Weaver Wander annual event in and around Nantwich will go ahead on September 12, say organisers Rotary Club of Crewe and Nantwich Weaver.

They say the improving situation concerning the COVID-19 pandemic in the UK has allowed them to proceed with the popular event this year.

Organisers say they have completed health assessments focussing on the registration and collection of cars and entrants at Nantwich Football Club, and the arrangements and plans for the destination at Hankelow Hall.



Event organiser Ian Thompson said:

*"Naturally, we are delighted that we can proceed with this year's Wander after a long period of inactivity. We are confident the precautions we are taking are fully in line with the current Government COVID-19 guidelines and we will ensure the staging of the event is completely safe."*

*"We have planned three separate routes comprising two 80-mile routes and a 50-mile route for older cars for those who may wish to have a rather more relaxing day of motoring."*

President of the Rotary Club, Richard Wharton said:

*"The funds raised from this annual event are always given to local charities and this year we will be supporting CHANCE Saving Lives, Nantwich Foodbank and Donna Louise Hospice."*

Application Forms for the event can be obtained by going to

[www.weaverwander.co.uk](http://www.weaverwander.co.uk)



RSPCA Stapeley Grange in lockdown

Sat 22<sup>nd</sup> August 2020 with zoom

£20 / team of 6 - KO 8:00pm

For more information and to book your team

<https://tickellab.co.uk/event/id/5209>

100% of money raised will go to Stapeley Grange



WILDLIFE WEBINAR SERIES



## Introduction and Approach to Wildlife Casualties in First Opinion Practice

Delivered By:

Dr. Bev Panto, Dr. Sophie Common and Dr. Teresa Vicens MsRCVS

- Thorough overview of how to approach British wildlife casualties -
  - Top practical tips on wildlife triage and stabilisation -
- Overview of common conditions of British birds and mammals -
  - Unique opportunity for interactive case discussion -
  - Log 6+ hours CPD!

17<sup>th</sup> -28<sup>th</sup> August 2020

- £120 FULL PRICE -
- £75 STUDENT PRICE -
- PLUS 20% OFF ONE FUTURE RSPCA PRACTICAL COURSE -



For more information on the webinar and presenters and to book your ticket/s - <https://ticketlab.co.uk/series/id/122>

# Connected Community Partnership Meeting

Tuesday 15th  
September 2pm

Neighbourhood Partnerships aim to bring together a wide range of residents, charities, community groups, businesses and statutory services in order to set local priorities for shared working. Our current priorities include:

- Dementia
- Social Isolation
- Public Realm
- Young Peoples Aspirations

The next online meeting takes place Tuesday 15th September 2pm Places are limited

To attend contact Deb Lindop on  
[Deb.lindop@cheshireeast.gov.uk](mailto:Deb.lindop@cheshireeast.gov.uk)  
Or call 0773 669 4443



## 'Drop-Off & Go' Collection For Nantwich Food Bank

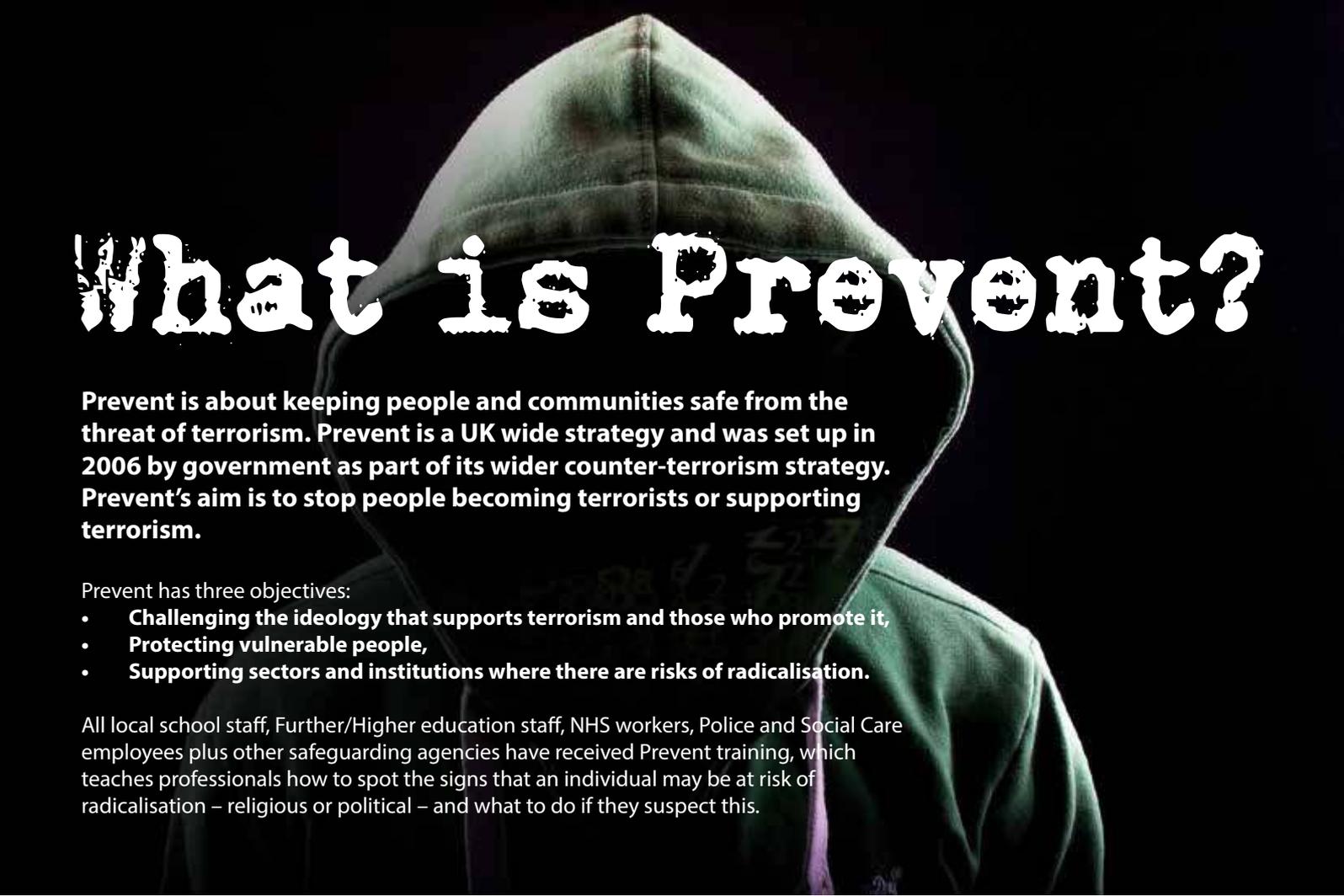


Saturday 5<sup>th</sup> September - 11am - 1pm  
Nantwich Football Club

**Needed:** Long life fruit juice, tinned rice pudding, tinned custard, meals in a tin, tinned fruit, tinned vegetables, coffee, biscuits and chocolates, shower gel, soap, washing up liquid, washing up powder, shampoo, toothpaste

The Food Bank are **unable to accept:** Dairy, meat or fish, fruit or vegetables, items that require refrigeration, half used/open packets, anything past it's best before/use by date, anything alcoholic, bleach. They can accept fresh eggs as long as they are date stamped/egg standard marked.

Social distancing requirements will be observed



# What is Prevent?

**Prevent is about keeping people and communities safe from the threat of terrorism. Prevent is a UK wide strategy and was set up in 2006 by government as part of its wider counter-terrorism strategy. Prevent's aim is to stop people becoming terrorists or supporting terrorism.**

Prevent has three objectives:

- **Challenging the ideology that supports terrorism and those who promote it,**
- **Protecting vulnerable people,**
- **Supporting sectors and institutions where there are risks of radicalisation.**

All local school staff, Further/Higher education staff, NHS workers, Police and Social Care employees plus other safeguarding agencies have received Prevent training, which teaches professionals how to spot the signs that an individual may be at risk of radicalisation – religious or political – and what to do if they suspect this.

## What does Prevent do?

1. Responds to the ideological challenge we face from terrorism and aspects of extremism, and the threat we face from those who promote these views.
2. Provides practical help to prevent people from being drawn into terrorism and ensure they are given appropriate advice and support.
3. Works with a wide range of sectors (including education, criminal justice, faith, charities, online and health) where there are risks of radicalisation that we need to deal with.

## In Summary

- Stop:** The main aim of Prevent is to stop people from becoming terrorists or supporting terrorism.
- Protect:** At the heart of Prevent is safeguarding children and adults and providing early intervention to protect and divert people away from being drawn into terrorist activity.
- Prevent:** Prevent addresses all forms of terrorism but continues to ensure resources and effort are allocated on the basis of threats to our national security.

If you are worried about an individual in Cheshire East being at risk to radicalisation please contact Cheshire Police on 101 or the Local Authority on 0300 123 5010 (if you're worried about an adult) 0300 123 5012 (if you're worried about a child/young person) More information on Prevent and radicalisation can be found at <https://www.ltai.info/about/>

## What is Cyber Prevent?

Cyber Crime is a huge problem for the United Kingdom. 61% of hackers start when they're under 16 years old and the average age of someone arrested for a cybercrime is just 17 years old. Cyber Prevent is about providing positive diversions for individuals on the cusp of cyber crimes, such as hacking, malware and remote access trojans. If you are currently being subjected to a live and ongoing cyber-attack or are worried about an individual turning to Cyber Crime then please contact Cheshire Police on 101.

Cyber Prevent is not about criminalising individuals on the cusp of cyber crime but rather steering individuals away from cyber crime and preventing future criminal behaviour.

More information including how to stay safe on line - <https://www.ltai.info/staying-safe-online/>



# Re-scheduled Museums@Home 2020

## Things-to-do @ Nantwich Museum

Nantwich Museum has announced re-scheduling of the Museums@Home 2020 online festival organised by Cheshire's Heritage Learning Network, which will now take place 11.00 am – 3.00 pm Sunday 23 August. The event, a collaboration between the Grosvenor Museum in Chester, The Silk Museum in Macclesfield and Nantwich Museum, involves participants submitting questions by Wednesday 12 August, some of which will be answered on the day through a series of short films.

Questions about the Egyptians should be sent to: Natalie at [education@silkmacclesfield.org.uk](mailto:education@silkmacclesfield.org.uk) about the Romans and Victorians to Virginia at: [virginia.kettle@cheshirewestandchester.gov.uk](mailto:virginia.kettle@cheshirewestandchester.gov.uk) and about the Tudors or English Civil War to Kate at: [education@nantwichmuseum.org.uk](mailto:education@nantwichmuseum.org.uk).

The Museum is now providing family friendly activities through the "Resources" section of its website, <https://nantwichmuseum.org.uk/learning/things-to-do/>. "Events that have shaped the town" includes the downloadable comics: "The Battle of Nantwich 1644" and "The Great fire of Nantwich". There are three trails: "Nantwich Town Trail", which guides participants around some of the most interesting sites in the town posing 13 questions in the process, the "Nantwich Workhouse Trail", which tells the fascinating story of a side of past life that most people were only too keen to avoid and the mysterious "Nantwich Benchmark Trail". For those not wishing to venture out, the "Nantwich Timeline" outlines the history of the town illustrated by the beautiful tapestries which generally form part of the "Nantwich History Tapestry" designed and fabricated by Museum volunteers.



Elsewhere on the website visitors can learn about some of Nantwich's buildings and prominent people of the past as well as viewing past and current exhibitions.

<https://nantwichmuseum.org.uk/learning/things-to-do/>

# Nantwich Museum's Exciting Future

After 40 years of serving the community by recording the rich history of the town and its locality, Nantwich Museum is laying ambitious plans to update its Main Gallery. The Cheese and Dairy Room was updated in 2017 and the Cheshire Civil War Centre Gallery opened in 2019.

The four key elements in the design of the new gallery are:

- The story of Nantwich brine and the making of the high-quality salt for which the town was known and which was valued by the Romans
- The changing face of the town
- Events which shaped the town including the Great Fire of 1583
- Nantwich's various trades and industries.

Modern displays are envisaged employing material from the Museum's Collection with new technology enhancing interpretations, in part through the medium of oral histories.

Museum Manager, Kate Dobson, commented:

"A lot of the groundwork for the re-development has already been covered, and the first phase of work with a design agency is already in hand. What was already a major challenge has now been made much more difficult by the pandemic and especially the question of finance, but that is being addressed with the practicality of the project in mind."

Anyone interested in joining this exciting project to shape the future Museum can do so by becoming a Friend of the Museum (Museum Member) or a volunteer on one of the specialist teams. If you would like to learn more, please contact the Museum. It is also possible to become a Museum Member online: <https://nantwichmuseum.org.uk/product/individual-membership/>.

The Museum is an independent charity costing around £1,200 a week to run. About half its funding comes from grants awarded by Cheshire East Council and Nantwich Town Council. The remainder must be raised through other grants, donations and fund-raising activities.



[enquiries@nantwichmuseum.org.uk](mailto:enquiries@nantwichmuseum.org.uk)



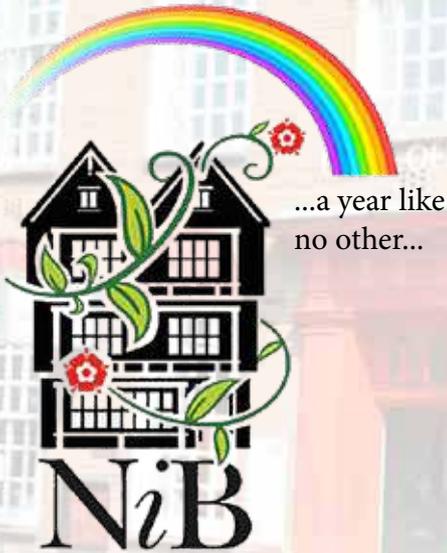
<https://www.facebook.com/nantwichmuseum>



Website: [www.nantwichmuseum.org.uk](http://www.nantwichmuseum.org.uk)



<https://twitter.com/NantwichMuseum>



# *Nantwich in Bloom*

Summer Newsletter 2020

Hello to all our friends in and around Nantwich. We hope you are well and finding your feet again as we begin to emerge from the most challenging of times. Normally at this time of year our newsletter would be an enthusiastic update on preparations for our entry in the North West in Bloom competition, with thanks to all the local businesses and community groups who lend their support. Sadly, this year the whole national contest has been cancelled due to the ongoing coronavirus situation and so Nantwich won't be visited by the RHS judges.

That doesn't mean we've been idle, however! We were determined that as soon as possible we would do our utmost to make the town centre as beautifully blooming as we could, despite difficulties over supplies of plants and materials. So in late May, as soon as lockdown was released, Nantwich in Bloom members resumed working parties (suitably socially distanced, of course!) with an adapted planting scheme, which this summer is now rainbow themed as our tribute to NHS and other public service workers who have done so much for the nation in recent months. We have been concentrating our efforts on the town centre and areas around St Mary's Church. Unfortunately numbers of hanging baskets have been reduced due to issues with watering, but although the overall impact of the floral displays in the town centre this summer may not be as spectacular as usual we have tried to create some much needed colour and cheer.

We will return to holding our local competitions for Community and Care Homes as soon as we are allowed. However, we certainly will be awarding certificates to local businesses, shops and pubs which have created floral displays outside their premises. Some of them are featured on this page. It is so good to see that in spite of the huge difficulties the retail, business and hospitality sectors continue to experience, there is a shared determination to keep Nantwich looking good. Displays will be reviewed at the end of July / start of August, and we are sure they will be beautiful!

## Other news...

In late autumn we took on an allotment at Nantwich Brookfield site and volunteers have worked very hard to install a polytunnel, raised beds and cultivate the area. This season, partly because we couldn't work as a group during lockdown, it is being used mainly to grow vegetables but the long-term aim is to use it to propagate and produce more plants for display in the town as well as for maintaining winter bedding plants during the summer. This is in addition to our work in maintaining the Community Orchard on Nantwich Riverside.

To encourage visitors to return to the town we have also continued to look after the two 'Welcome to Nantwich' beds and the floral displays in beds and planters on Nantwich Railway Station.

The decorated and planted pots project planned for this year with elderly peoples' homes on the topic 'Times gone by' and the proposed project for primary schools, nurseries and youth groups of 'Grow your own' have been deferred to next year and we are looking forward to seeing the results. Here's to a good 2021!

In the meantime, do follow our activities on [www.nantwichinbloom.org](http://www.nantwichinbloom.org), on Facebook and Instagram.

All volunteers always welcome: contact [pennyrow123@outlook.com](mailto:pennyrow123@outlook.com)

Late extra... Watch out for details of our coffee morning, coming up early November ...



# ROTARY IN THE COMMUNITY

## LIVING IN LOCKDOWN PHOTO COMPETITION

Rotarians in Crewe and Nantwich Weaver are raising money and having some fun to support charities impacted by Covid 19. The Rotary Club invites entrants to a photographic competition to raise money for local charities impacted by Covid 19.

The theme of the competition will be 'life in lockdown' thus, all photos entered must depict some aspect of life in lockdown over recent weeks.

Entrants are requested to only take the photo to be entered with a mobile phone to ensure fairness as many will not have access to expensive photo equipment.

Photographs must be entered electronically as an email attachment in medium format to the following email address: [geoffreyericwatts@icloud.com](mailto:geoffreyericwatts@icloud.com)

The email must include a contact phone number. On submission of a photograph to the competition, an entry fee of £10 per photograph is payable to the following account:  
Account name: Rotary Club of Crewe and Nantwich Weaver  
Account number: 41390600  
Account sort code: 40 34 44  
(Please reference entrants surname with payment)

All photographs entered must conform to the Rotary protocol for the submission of photographs for any purpose. The key points for entrants to consider are as follows:

"The photograph must not depict a child or vulnerable adult in a provocative pose, in a state of partial undress or in a demeaning or tasteless manner....photographs of groups or individual children (will require) prior consent of the parents or carers"

The Rotary Club of Crewe and Nantwich Weaver reserve the right to refuse entry and to return entry fee to any entrant judged to be in contravention of this protocol or who submits a photograph deemed by the club as in any other way unsuitable.

All photographs entered will be printed by the club and a display/exhibition organized at the clubs' meeting venue; The Nantwich Cricket Club, Whitehouse Lane, Nantwich or other suitable local venue. Entrants will be advised of the date and venue of the display/exhibition as soon as the lockdown is ended.

The competition will be judged and the following prizes will be awarded:

**First:£50 Second:£30 Third:£20**

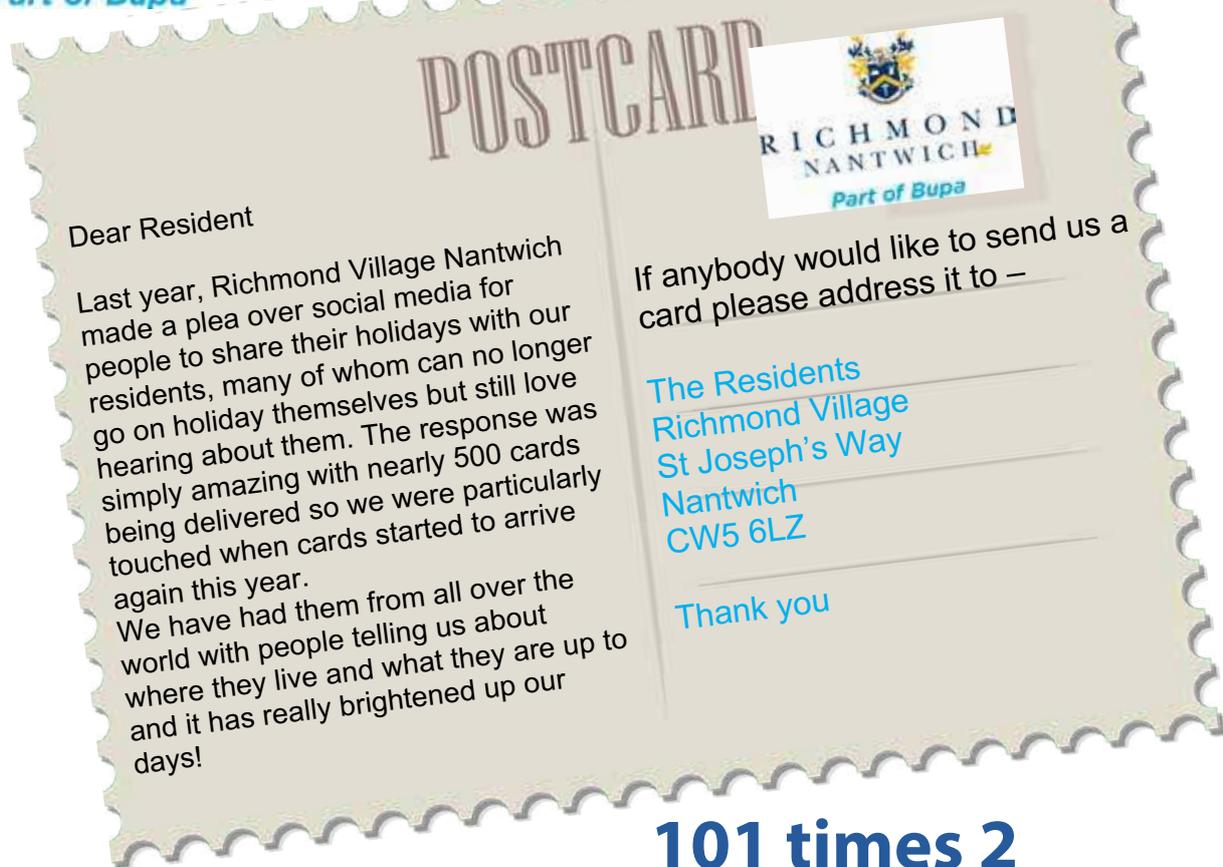
All entrants will be invited to the exhibition and judging. Winners not in attendance at the exhibition /judging will be informed by phone/email Entries may be submitted from 1st. June 2020. The competition will close on 31st. August 2020.

President of the Rotary Club, Richard Wharton said:

" This is such an easy way by which everyone can help the local charities that have been supporting so many people in our community whilst having some fun at the same time. I am sure that long hair will feature for many"



# News from Richmond Village



## The Big Surprise

We had an amazing surprise recently when a big bag of hearts arrived on our doorstep from a lovely group of people called "Worcs Hearts of Joy". The group had come together in the Evesham & Pershore area to knit hearts which they were then sending to Care Homes and Hospitals and they chose us as one of the lucky recipients!



Each resident received two matching hearts, keeping one and sending the other to their loved one to keep with them. This simple gesture brought so many smiles (and a few tears) we literally cannot thank **Hearts of Joy** enough!

## 101 times 2 Birthday Celebrations can you help?

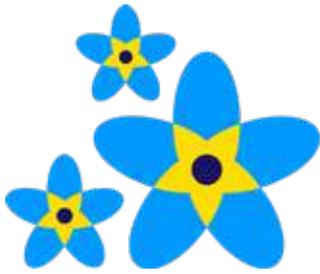
Very soon 2 very special birthdays of Dorothy (pictured left) and Millicent (pictured right), residents at Richmond Village Nantwich care home are turning 101 in August and to help them celebrate their special day, the **Nantwich team are trying to get them 101 birthday cards each!**



So if you would like to make or send a card to make Dorothy and Millicent's day you can send a birthday card to:

Dorothy / Millicent  
Richmond Village, St. Josephs Way, London Road  
Nantwich CW5 6LZ

# COMMUNITY SUPPORT SERVICES



Working to become  
**Dementia  
Friendly**  
2019-2020

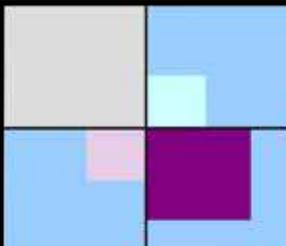


## Creating Dementia Friendly Nantwich group is back up and running with guided walks!

Nantwich based volunteer group Creating Dementia Friendly Nantwich (CDFN) had been forced to stop all activity when lockdown was enforced, but following the easing of the lockdown the group has been offering free guided walks around Nantwich town centre.

Prior to lockdown the group was running the 'Thursday Club', meeting at the St Mary's Church, Nantwich every 2 weeks from 10am-12pm to offer various different activities along with friendly social interaction and free tea, coffee and biscuits. With this no longer being possible, the group decided to take to the streets of Nantwich to offer guided walks for anyone who enjoys a stroll, and is interested in the history of the town. The group has also been aiming to provide seniors with reassurance that Nantwich is very much a safe place to visit.

**The next walk is the 27th August or more information you can call home care provider, Right at Home South Cheshire on 01270 257347.**

 <p><b>FREE COVID-19 GROUP SUPPORT SESSIONS</b></p>	<p>PLEASE GET IN CONTACT TO BOOK A PLACE OR FOR MORE INFORMATION</p>	
<p>SWANS ARE OFFERING FREE SUPPORT SESSIONS VIA ZOOM THAT CAN HELP YOU WORK THROUGH STRESS AND ANXIETY CAUSED BY COVID-19</p>	<p>WE ARE OFFERING A VARIETY OF DATES AND TIMES TO BEST SUIT YOU!</p>	 <p><b>CONTACT US</b> KIRSTY: 07411654031 BEV: 07706123416 CLARE: 07805793243 EMAIL: SWANS-CIC@OUTLOOK.COM</p> 

## New Prescription Delivery Service

CEC People Helping People service has partnered with Cheshire Fire & Rescue Service to offer a free, next-day delivery service of prescriptions across the borough. To qualify for this scheme you must be either exempt from payment or hold a valid pre-payment certificate.

Please contact [joe@healthboxcic.com](mailto:joe@healthboxcic.com) for more details

We're all spending more time at home at the moment. It means having the heating on when it wouldn't usually be and using extra gas and electricity for cooking, making cups of tea, televisions and computers. If you're not careful, you could end up with a big energy bill.

Your Green Doctor can help. Green Doctor is a FREE service provided by Groundwork, a charity based in Northwich, Cheshire.

The Cheshire Green Doctor programme is funded through Cheshire West & Chester Council and is in place to support private home owners and private renters.

## AND IT'S ALL COMPLETELY FREE!

GET IN TOUCH TODAY: T: 0808 1683547  
E: Cheshiregreendoctor@groundwork.org.uk

We are Groundwork, a charity that helps to support disadvantaged communities. Over the last 40 years we've been working with a range of organisations to make a positive difference to places and to people's lives in Cheshire.

## We can help you save energy and save money.

### More about Groundwork

We usually visit people in their homes to provide bespoke advice, but are now offering phone consultations to ensure we can still provide help despite limitations caused by the Covid-19 pandemic.

Our Green Doctor programme has already helped thousands of households to reduce the amount they pay for their energy and we could help you. Once restrictions are lifted we can arrange to visit your home and provide you with lightbulbs and other energy saving measures free of charge.

We could also help you to get on top of your energy bills and point you towards other organisations who might be able to help you further, including grants for first time central heating.

GET IN TOUCH TODAY: T: 0808 1683547 E: Cheshiregreendoctor@groundwork.org.uk  
TAKE THE FIRST STEP TOWARDS SAVING YOURSELF SOME MONEY!  
For more information on the Cheshire Green Doctor service: -  
<https://www.groundwork.org.uk/services/green-doctor-save-energy-and-save-money/>



Your Green Doctor can provide FREE energy saving advice and support to help you through these difficult times. We can also:

- Help you find a better energy deal
- Provide emergency support if your boiler is broken
- Support you with energy suppliers or United Utilities to deal with billing, debt or access to emergency top-ups
- Ensure that vulnerable households are included on the Priority Services Register
- Provide advice on heating controls to save you money
- Give you advice about damp, condensation and mould
- Provide access to wider support, if needed.



## Supporting End of Life and Bereavement

Information on caring for someone at end of life and bereavement is now available online for Cheshire people. The website, funded by NHS Cheshire CCG, has been developed in consultation with local residents.

Full of top tips such as how to have a difficult conversation, types of grief and support for children, the pages have been specifically designed to include or signpost to easy read and practical information. The group identified the following areas of need;

- Making Plans for the Future (Wills, Care Plans)
- Understanding Palliative and End of Life Care
- Understanding Bereavement and Grief
- Looking after yourself or a loved one experiencing bereavement

Access the information <http://eolp.co.uk/resources-for-the-public/> or via the EOLP website <http://eolp.co.uk/>

Suggestions or requests for further information should be made to Catherine Morgan-Jones at [Catherine.Morgan-Jones@eolp.org.uk](mailto:Catherine.Morgan-Jones@eolp.org.uk).



## Business Champion appointed to aid Cheshire East economic recovery.

The leader of Cheshire East Council has announced that Councillor Sarah Pochin, Bunbury ward, has been appointed as the council's business champion, to support economic recovery in the wake of the Covid-19 pandemic.

The newly created role is set to support businesses on our high streets, engaging with SMEs, larger organisations and those facing unemployment across the borough. Councillor Pochin will support and advise cabinet members on the following;

- Regulatory and government policy to aid high street and town centre recovery across Cheshire East
- The promotion of the borough and appropriate support mechanisms to attract inward investment
- Development of the council's commercial strategy and the commercial ventures
- Delivery of the rural action plan in relation to support to the rural economy in Cheshire East
- Delivering a sustainable and green economy in Cheshire East including the development of low carbon industry.

Together with the relevant cabinet members and officers, Councillor Pochin will engage with businesses and corporate representatives across Cheshire East, to successfully deliver agreed targets within approved timescales.

On her appointment, Councillor Sam Corcoran, leader of Cheshire East Council, said: *"Covid-19 has had a profound impact on businesses in Cheshire East, as it has across the UK and internationally. However, I am proud of the borough's economy, its businesses and workers and I am confident that we can overcome the obstacles that Covid-19 has created. I look forward to the benefit of Councillor Pochin's advice and experience in supporting the council's economic recovery across the borough."*

Councillor Sarah Pochin, said: *"I am delighted to be given the opportunity to take on a vital role, as part of the council's support for economic recovery. Our borough continues to face many challenges during the Covid-19 pandemic. As business champion, I am looking forward to supporting the cabinet in taking this important agenda forward."*

*Aiding economic recovery is a necessity, to attract new investment and develop our rural and green economies. I will work hard, alongside cabinet, to ensure all businesses and their employees across Cheshire East are supported."*



The Pathfinder East service helps vulnerable adults who live in the area by filling in the gaps that exist in the support available, and helping people to navigate other services and make sure they are getting the most appropriate support.

For example, we can provide information on local social groups, transport schemes or cleaners, tradesmen and carers. We can also provide full benefit checks, help with claims and appeals. Other money matters we can support with include consumer advice and how to reduce your fuel bills, advice on tax, pensions, debts, savings and checking how new government guidelines affect you and your loved ones.

We offer housing advice such as information on adaptations and help dealing with the local authority; completing forms, and IT support in your own home, as well as information on health services and support for carers.

The Pathfinder workers can help over the phone, via email or in person at drop-in sessions, or in your own home (note; we are currently adhering to government guidance and limiting our face-to-face support). Everything we offer is completely free and confidential, and we are available for as long or as often as needed.

For more information, please contact:  
Alyssa Baines on 07799519431  
or email  
[pathfindereast@cheshireaction.org.uk](mailto:pathfindereast@cheshireaction.org.uk).  
Alternatively, go to the website;  
<http://www.cheshireaction.org.uk/our-services/pathfinder-east/>

Are you over  
50 and living  
in Cheshire  
East?

# Buddy & Befriending Scheme

Are you feeling  
lonely or isolated  
during the current  
Coronavirus  
situation?

We can help you!

Get in touch...

**07919 327131**

[befriending@changing-lives-together.org.uk](mailto:befriending@changing-lives-together.org.uk)

Charity Number: 1139983. Company Limited by Guarantee: 07400060.

changing lives  
**t together**  
our community, your future



Update from



We are now in the process of fitting the Wheelybus with internal perspex screens that we hope will enable us to offer local trips **carrying up to four passengers**. These screens will provide compliance with all current social distancing recommendations.

Any group containing at least one person with a disability or with special needs can use the Wheelybus, to help them access local services or amenities. The only charge is for the fuel used at 60p per mile.

The actual number we can take on each trip will have to be worked out, depending on the seating layout required. We would be pleased to hear from local organisations, care homes, special schools, families and friends, particularly those currently having difficulty finding suitable transport facilities.

Why not give John a call on 01270 811887 to see how we can help? Alternatively, if you are interested in becoming one of our volunteer Drivers or Drivers' Assistants, a Wheelyboat skipper or crew, please ring Rodney on 01270 811454 for further information.



# new leaf

a torus foundation service

## New Leaf Supporting Women

**The New Leaf team at My CWA has been working remotely during these unprecedented times providing support for not working women across Cheshire East, Cheshire West, and Warrington.**

Women across the country face several challenges and barriers to employment. Women are often primary carers for young children and the costs of childcare can present problems. Mental health issues and prolonged periods out of work can make finding work seem totally overwhelming especially now, during the current circumstances.

New Leaf provides free employment and training support helping women to build their skills, experience and confidence so they can move towards employment.

Our New Leaf team at My CWA will help participants to complete their application and support them to engage with a personal mentor once accepted on to the programme.

Please contact the New Leaf team on 01270 250 390 or email us at [new.l@mycwa.org.uk](mailto:new.l@mycwa.org.uk) if you have been affected by the current situation and need the New Leaf support.

More information about New Leaf is available at <https://newleafcheshire.co.uk/> and you can also find us on Facebook: <https://www.facebook.com/new.leaf.7186>.



# VOLUNTEERING AND SOCIAL ACTION

COMMUNITY  
STAR  
OF THE  
MONTH!

MEET **NIKKI**  
MORRISONS NANTWICH  
COMMUNITY CHAMPION

This will be a bit of a surprise for Nikki as she does not know I am writing this but I know I need to – I just wanted you to meet this lady at Morrisons because of all her great work helping the community in various ways that demonstrate how committed this supermarket is to social action projects and caring for their community.



This lovely lady has been really busy during lockdown and look at what she has been doing recently... organising donation support for the Nantwich foodbank, and donating to the Leighton Hospital pop up lounge which was part of Project Wingman designed to support NHS staff fantastically created by furloughed British Airways Staff and cabin crew - see below the pick up packs ready for the foodbank and the British Airways pilot collecting pop, biscuits and coffee for the lounge – Nikki you are this month's Community Star enjoy your moment in the spotlight you more than deserve it. For more stories of what Nikki is doing follow them on face book Nantwich Morrisons Champion.

## North West Ambulance Service would like to hear from you!

**NHS**  
North West  
Ambulance Service  
NHS Trust



How we engage with you may have changed since the recent pandemic, but we won't let that stand in the way of meeting you all! The Patient Engagement team have recently been meeting with groups virtually, where you have shared your experiences of using our service with us. We would really love to meet more of you and hopefully hear about your own personal experiences. Maybe you have not used our service recently, but you may have some thoughts or ideas you would like to tell us about?

If you are a member of a group that is meeting virtually, and you would like us to come along to one of your meetings, then please do get in touch, as we would be more than happy to join you. We are hoping to get back to meeting you all in person as soon as things are a bit safer, so please let us know when your groups start to meet face to face and we would be delighted to meet you all when we are back to our normal ways of engaging.

We will be looking at setting up our own online focus groups too, so if you would be interested in signing up to join one of these once they are up and running, please contact us at: [Talk.Tous@nwas.nhs.uk](mailto:Talk.Tous@nwas.nhs.uk) and we will invite you along to join us.



# STUDENTEER

# &

# FURLONTEER

Website:

<https://studenteer.co.uk/about-us/>  
Facebook page: Studenteer

Website:

<https://www.furlonteer.com/about-us>

## Studenteer connects students and recent graduates to placements with purpose.

Since COVID-19, students have found it increasingly hard to gain work experience that is invaluable in progressing in the professional world. A quarter of employers have admitted to recruiting fewer graduates and are said to be hiring 31% fewer interns and placement students.

Studenteer are a team of proactive and passionate Students from across the country, with a brand new platform run by students, for students.

Studenteer serves as a platform to encourage the next generation of professionals to develop their skills outside of the lecture hall, support a cause that matters to them and virtually network with a diverse range of individuals and organisations during this challenging time.

Studenteer connects students and recent graduates (within last 12 months) to good causes and charities-in-need. Students gain experience through placements in specific business areas like coding, marketing and graphic design. Studenteer also provide mentoring and free training to support learning and development, including mental health support via 'UniHead'.

Hamish and Rosie Shephard, along with Sam Tasker-Grindley, came up with the concept of Furlonteer.com over a virtual curry on Sunday 19th April. Hamish is the co-founder of Hello Fresh and founder of BrideBook; Rosie is the founder of The Luxury Communications Council (LCC); Sam is Head of Member Success at Clarity HQ.

This is a completely non-profit project to connect charities and good causes with skilled and willing people during this awful crisis.

On Tuesday 21st April at lunchtime a group of passionate Furlonteers got on a zoom call and came up with a plan to get this amazing concept up and running and to scale through marketing, social and digital. By Friday afternoon they had a brand, website, marketing and digital campaign and had already matched charities with Furlonteers.

Basically set up to offer support and advice to students and graduates whose plans have drastically changed with Covid. In doing this though, they support charities and not for profit organisations offering support with projects, web design etc.

Furlonteer is professional people who've been furloughed offering their services (for free) to support charities and not for profit organisations

**Placements can be from as little as 3 hours per week, to suit individual circumstances.  
Regular newsletters and updates, regarding placements and support available etc.  
An organisation that Operate nationwide.**



**THE BLAGGERS  
GUIDE TO**

**Parenting**

**AFTER ALL, THEY DON'T COME WITH A MANUAL OR INSTRUCTION BOOK.**

**THE BLAGGERS GUIDE TO PARENTING DOESN'T HAVE ALL THE ANSWERS, BUT IT MAY POINT YOU IN THE RIGHT DIRECTION.**

[www.thebloggerguidetoparenting.co.uk](http://www.thebloggerguidetoparenting.co.uk)



Take a look at our  
website



Take a look at our  
Facebook Page



# Project Wingman Foundation Ltd

## Aircrew Supporting NHS Staff Wellbeing

A light-hearted nod to Top Gun, the concept of Project Wingman is rooted in the famous camaraderie of aircrew which this organisation is mobilising to help support the NHS both in the current pandemic and on into the future.

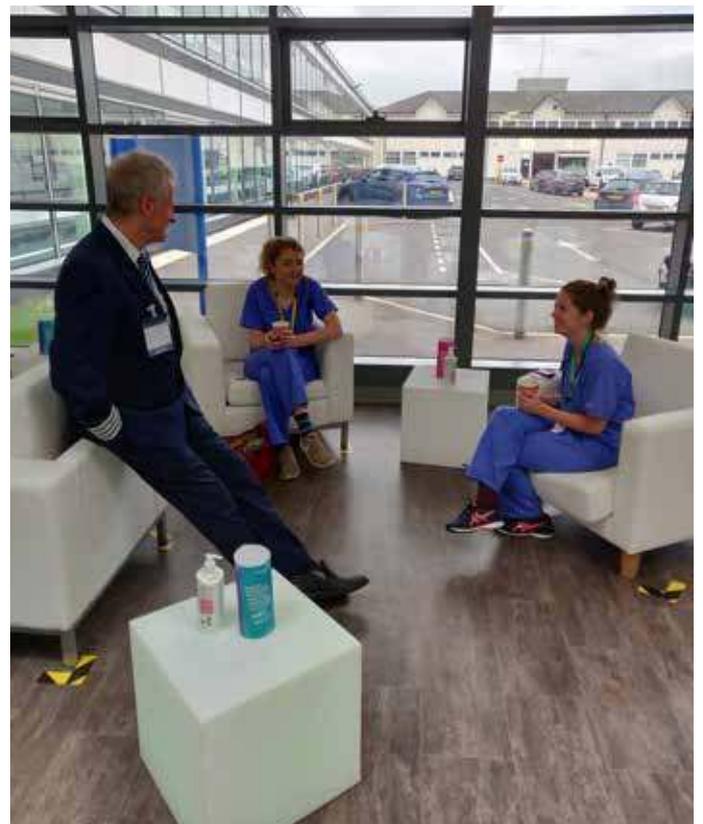


In late March 2020, Professor Robert Bor, Captain Dave Fielding and Captain Emma Henderson came together to explore how grounded aircrew could support NHS staff during the current health crisis. Professor Bor, a clinical psychologist for the Royal Free Foundation NHS Trust, could see that those working in hospitals would benefit from some additional practical support and through overseeing peer support programmes at airlines, he also recognised that crew had skills that would work for this project thanks to the peer support skills learned through aircrew training and working in a safety focussed environment.

Emma and Dave reached out to the airline community with this idea: taking airline crew into NHS hospital settings to give NHS staff a real morale boost, by being looked after during their breaks in dedicated lounges. They named this Project Wingman.

An incredible team approaching 5,000 airline crew answered their call from across every UK airline to volunteer for the project. They offer their time, knowledge and skills to serve and support NHS staff during the COVID-19 crisis.

Once a "Wingman" request is agreed with a hospital, the project team launch into action: contacting local volunteers to set up a roster of airline crew and sourcing equipment and donations that are then delivered by volunteers directly to the lounge.



The hospital has only to provide a “support area” with sufficient space to maintain social distancing; which Project Wingman’s community of volunteers converts into a ‘first-class’ Wingman Lounge. The team work closely with each hospital to ensure all of the Trust requirements to operate safely are met and updated regularly in line with latest guidance.

Once launched, the airline crew volunteers operate the Wingman Lounge. It’s a very simple concept in that Wingman teams are providing service with a smile, but feedback from staff is that support from a team of like-minded, uniformed professionals is a welcome boost to morale. Whether it’s talking about experiences on the job, travelling or simply being handed a cup of tea, Project Wingman’s exceptional airline crew are proud to be putting smiles on the faces of NHS workers across the country.

To enable Project Wingman to remain self-sufficient the project has received tremendous support and generous donations from an large number of businesses and organisations that enable the team to create that first class lounge feel such as food, drink, sound systems and decorations like plants. The project has consequently provided a very straightforward vehicle for local and national business to directly support our NHS frontline staff at their place of work.

After the project’s initial launch at the Whittington Hospital in North London on 2nd April 2020, the team have rolled out first class Wingman Lounges to over 70 hospitals, covering a large number of locations across the United Kingdom.\

Since receiving Charitable Status on 7th May 2020, the project continues to evolve and adapt to the changing landscape. There are a number of avenues that have opened up during the time we have been in operation in the lounges, on which the directors are exploring:

**Wingman Lounges:** A more permanent evolution of our hugely successful lounges. On a different scale to those at the start of the COVID-19 pandemic, to fit the individual needs of the hospital with our volunteer availability, but still with the wellbeing service at their core.

**Wingman Recruitment “Fly into Health”:** NHS teams have been impressed by the standards of professionalism and support provided in our lounges. Individual hospital trusts supported by the Project Wingman team run recruitment workshops to assist Project Wingman volunteers who have found themselves out of paid employment within the aviation sector.



**Wingman Fundraising:** A strong focus of the charity moving forward. The first Project Wingman fundraising event took place on the weekend of June 13/14th #wingmanworkout. A large number of Project Wingman volunteers and NHS staff joined together to challenge themselves in varied “workouts” and raise vital funds to support the charity. The next planned event will be the Yorkshire Three Peaks Challenge in September 2020.

### Some humbling quotes from NHS Staff accessing our lounges:

*“This is one of the most heart-warming gestures. You guys are stars and should be so proud. Thank you for the rest from our busy ward.”*

*“What a lovely idea! A real morale booster, Thank you”*

*“Wonderful space. A good place to unwind and re-group, before continuing the days’ work”*

*“Thank you for this sanctuary, it’s perfect.”*

*“Don’t stop we need this and you”*

For Media and Journalism enquiries:

[media@projectwingman.co.uk](mailto:media@projectwingman.co.uk)

Donations:

<https://www.gofundme.com/f/project-wingman-supporting-the-nhs>

Website [www.projectwingman.co.uk](http://www.projectwingman.co.uk)

Twitter [@\\_ProjectWingman](https://twitter.com/_ProjectWingman)

Instagram [project\\_wingman2020](https://www.instagram.com/project_wingman2020)

Facebook [projectwingman2020](https://www.facebook.com/projectwingman2020)

# Balsam Bashing

Over the past five years, the Nantwich Civic Society has organised volunteers from across many local groups (e.g. Nantwich in Bloom; Rotary, Litter Group, Museum ) as well as individuals to take to the river banks to pull up Himalayan Balsam.

We do it because this pretty plant just spreads everywhere - smothering all other native plants as it goes. The diversity of bugs, other wildlife and plants just disappear.

*It is a very common problem throughout most of our country. Luckily it is easy to pull up!*

This year, we have held four Tuesday mornings with from 12 - 6 volunteers, for a couple of hours a time.

Remarkable results have been achieved. Everyone says its vert therapeutic and satisfying - which helps.

Another session is planned for Tuesday 18th, at Shrewbridge road car park at 10am. We are always welcoming to anyone who would like to try it out. Wear long sleeves and trousers, good footwear and gloves. Possibly a hat and a drink. That's all you need.

**Jeff Stubbs, Chair, Nantwich Civic Society and The Nantwich Partnership.**  
**J. Stubbs**  
**Chair**  
**Nantwich Civic Society**



*The volunteers have always clocked up 80 hours between them by next week – they are likely to reach 200*



# Cheshire Neighbourhood Watch Awards



Neighbourhood Watch is a grassroots charitable organisation with 1,500 active schemes across Cheshire. Neighbourhood Watch schemes are areas where neighbours look out for each other, increasing community spirit and wellbeing, and reducing crime. Our valuable community network came into its own during the Covid-19 crisis, enabling neighbours to support each other quickly and easily and reach out to those self-isolating. To check if there is an existing scheme in your street, visit <http://cheshire.ourwatch.org.uk/> and find out more. If there is no scheme in your area and you want to know more about membership, please contact: [cheshirewatch@cheshire.pnn.police.uk](mailto:cheshirewatch@cheshire.pnn.police.uk)

Right now we are proud to be launching the Cheshire Neighbourhood Watch awards for 2020. After the success of our inaugural awards in 2019, we have created an additional award category related to Covid-19 support work. The deadline is 30th September and nominations are invited in 5 categories;

- **Cheshire Neighbourhood Watch Coordinator of the Year**
- **Cheshire New Neighbourhood Watch Coordinator of the Year**
- **Cheshire Neighbourly Neighbour of the Year**
- **Cheshire Individual for Services to the Public**
- **Cheshire Covid-19 Community Support Volunteer/Group of the Year**

Please look out for the link to our online nomination via SurveyMonkey:

<https://www.surveymonkey.co.uk/r/3TP6QJH>

and tell us all about the amazing people in your community who deserve a pat on the back!





**Introducing Cheshire East Social Action Partnership aiming to develop a strong local social impact culture through effective social action, underpinned by a thriving Voluntary, Community, Faith and Social Enterprise (VCFSE) Sector.**

**The aim of the new service is to improve the health and wellbeing of residents.**

The new contract to deliver the new Social Action Partnership service was awarded to Pulse Regeneration through competitive tender on 1st April 2020, and forms part of a long-term partnership which will help guide how the Council works with the Voluntary, Community, Faith and Social Enterprise (VCFSE) Sector in the future.

Pulse has specialised in supporting VCFSE sector organisations for over 20 years, including in Cheshire East, and aims to improve people's quality of life through the development of sustainable VCFSE sector organisations and communities.



Social action projects are carried out by individuals or groups of people working together for the good of others. They aim to help solve the problems that are important to individuals and communities, such as antisocial behaviour, social isolation, or sustainable living. This might be achieved by volunteering, giving money, community action or simple neighbourly acts. The service will help the VCFSE sector to develop and flourish locally by providing information, advice and support, and by developing connections, partnerships and new relationships.

The new service will actively bring together partners from the VCFSE sector, public sector, and business / industry to work collaboratively to help co-produce the strategic direction of services to benefit residents across Cheshire East

The Social Action Partnership is now supporting the next stage of recovery planning. As it begins to move towards 'business as usual', the Partnership will start to progress its other priorities including implementation of the Social Action Charter, social value developments, and building links and connections between sectors.

For more information about the Social Action Partnership please see the Partnership website <https://www.cesap.org.uk/>

Contact Chris Hart, Social Action Partnership Director at [chris.hart@cesap.org.uk](mailto:chris.hart@cesap.org.uk).



## Safer Communities Fund

Cheshire Police Crime Commissioner – Cheshire’s police and crime commissioner David Keane has launched a new fund to help community organisations, voluntary groups and those in the non-for-profit sector support communities through the Coronavirus crisis.

The fund is part of PCC David Keane’s Safer Communities Fund and will be funded by money taken from Cheshire criminals under the Proceeds of Crime Act.

Grants of up to £1,000 are available for projects which are working alongside Cheshire police and local authorities to support vulnerable people in the community.

Applications must support the objectives within the Police and Crime Plan. Projects will be located within Cheshire and must focus on local needs. The key funding areas will be:

- Youth (Engagement, Intervention and Diversion)
- Drugs (Education and reduction in substance misuse)
- Rehabilitation (Education, development of skills, training, volunteering and mentoring)
- Vulnerability
- Emergent need (response to local need and demand)



All projects must engage with the local policing team. In most cases this will be your local dedicated PCSO.

For further details and to apply visit: <https://www.cheshire-pcc.gov.uk/what-i-do/making-cheshire-safer/safer-communities-fund/>

## CHESHIRE COMMUNITY FOUNDATION

## CHESHIRE MINDS MATTER PROGRAMME

Business leaders and funding organisations from across Cheshire have joined forces with Cheshire Community Foundation to back a new funding initiative designed to help tackle the increase in mental ill-health in the wake of the Covid-19 pandemic.

The £350,000 ‘Cheshire Minds Matter’ grants programme is being targeted at smaller, local charities whose services help protect and enhance the mental health and wellbeing of disadvantaged people in communities across Cheshire and Warrington.

An altered operating environment calls for a new way of thinking, so the focus will be on helping charities to adapt the way that they work, developing innovative new ways of delivering their services and encouraging collaboration to build organisational capacity. A ‘grant plus’ approach will not only see charities receive funding, but will supply entrepreneurial know-how and expert support to help improve service delivery, and ensure they can adapt and thrive in the long term.

As Zoe Sheppard, CEO of Cheshire Community Foundation commented, “Even before the pandemic, people in Cheshire and Warrington affected by mental health and wellbeing issues often struggled to get the support they needed, and now Covid-19 is having a serious and life changing impact on many more people across our area,”

*“Poor mental health is directly linked to educational attainment, poverty and unemployment. From the very young to the elderly, we know that the additional stresses placed on families and individuals whose lives have been devastated by the pandemic has created a great wave of additional need which the charitable sector will be asked to help address.”*

*“It’s impossible to understate the importance of the voluntary sector is supplementing and complementing mainstream statutory provision, filling some of the gaps and offering continuity. It is for these, often modest community providers that this fund has been specifically created.”*

Applications for grants of between £5,000 and £50,000 are being invited from registered charities, constituted community groups and other charitable organisations, including social enterprises and CICs delivering projects in Cheshire and Warrington. Single applicants can apply for up to £15,000 and partnerships up to £50,000.

<http://cheshirecommunityfoundation.org.uk/cheshire-community-foundation-launches-the-cheshire-minds-matter-programme/>



# Nantwich Town Council

[www.nantwichtowncouncil.gov.uk](http://www.nantwichtowncouncil.gov.uk)

## Grants for Community and voluntary groups delivering services in Nantwich.

The deadline for applications between £500 - £5000 is 1st October for payment in April the following year. Applications for small grants up to £500 are invited throughout the year.

## Early Help and Asset Based Community Development Grants.



### Covid-19 Community Response and Recovery Grant

The council and the newly launched Social Action Partnership have been helping local people to support one another by coordinating the fantastic work that is being done in communities across the borough in improving, developing and delivering services.

In recognition of the vital role played by the voluntary, community and faith sector in both the response to the Covid-19 pandemic and the recovery, this time limited fund has been developed by the council to support local organisations through this pandemic.

The aim of the Covid-19 community response and recovery fund is to support these organisations to adapt to new ways of offering support to communities, both during and following the coronavirus pandemic, as well as maintain and continue to offer services as government restrictions are lifted.

Not-for-profit organisations are able to apply for a grant up to a maximum of £5,000 for projects and services for both response and recovery-type applications. The response-type applications include additional staffing, DBS checks, volunteer expenses, meal delivery services, food bank services and personal protective equipment (PPE).

Recovery-type applications include supporting employment, mental health support, hardship funds, financial advice, supporting connectivity and building community resilience.

Other applications might include bereavement support, domestic abuse support and IT solutions for service delivery.

If you think you may be eligible for a Covid-19 Community Response and Recovery Grant, please read the Early Help and Asset Based Community Development Grants - Covid-19 Community Response and Recovery Grant Principles (PDF, 142kb)

**You can apply by completing the Early Help and Asset Based Community Development Grants - Covid-19 Community Response and Recovery Grant Application Form (MS Word, 142kb) and returning it by email to: [communitygrants@cheshireeast.gov.uk](mailto:communitygrants@cheshireeast.gov.uk)**

**Please note that we are unable to accept postal applications at this time.**

**Applications will be accepted on a rolling basis and the closing date for applications is Friday 4 December 2020.**



Useful links; CVSCE new Funding Search tool - [https://www.cvsce.org.uk/funding\\_opportunities](https://www.cvsce.org.uk/funding_opportunities)