

Autism Inclusive Newsletter – March 2021

WE ARE RE-OPENING!

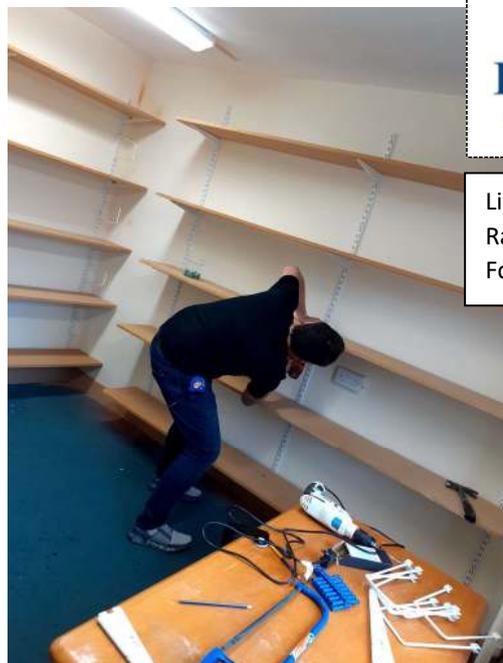
Monday March 8th, we are set to open our doors once again, and fingers crossed NO MORE LOCKDOWNS!

We've used the time constructively and have been busy improving our setting and organising lots of events and workshops. We really hope you'll come and visit us. Our opening hours are attached, please make sure you book all visits via our website

www.autisminclusive.org.uk



If there's an event or a session that you'd like us to run, tell us! We're here to provide activities for you. Tell us your ideas; we've a suggestion box in our foyer or pop your request on an email, contact@autisminclusive.org.uk



Library funded by the Randal Charitable Foundation

The library space is really starting to come along, and items will be ready for you to borrow once we're open. A varied selection of reference books will be available with more on the way, covering all manner of topics; autism, ADHD, PDA, sensory processing, speech, anxiety... And we'll have a good selection of fictional novels to borrow too. We'd also like to officially welcome Claire to the AI team, as our new library manager.

We've got a new number!



01270 214 859

If we're not available when you call, please leave a message and we'll call you back as soon as we can.

Autism Awareness Campaign '21

This year to raise awareness and funds, Elly and Gem are completing a VIRTUAL bikeathon from Lands End to John O'Groats. Cycling a total of 875 miles between them throughout the month of March, they're hoping to raise £1,500 to fund a new immersive gaming area.

AUTISM INCLUSIVE BIKEATHON

SUPPORT ELLY & GEM AS THEY CYCLE 875 MILES FOR A.I. RAISING FUNDS FOR A NEW GAMING AREA AND JOIN THE AUTISM AWARENESS CAMPAIGN 2021.

GOAL: £1,500

Donations can be made via our Go Fund Me link: <https://gofund.me/5cae9445>

Introducing... The Shop!

Last year we decided to start a Clothing Initiative; good quality donated items, sold for a £1 each, helping our community and to raise funds for Autism Inclusive. What began as a clothing rail outside of our office, it soon became apparent that thanks to the generosity of our supporters, we needed more space! Opening next week, The Shop has an amazing range of pre-loved clothing, baby items, shoes and accessories.



We are also incredibly pleased to announce that Autism Inclusive are now official stockists for Sensory Direct. The Shop will stock items such as ear defenders, body socks, visual aids and sensory toys. Being a stockist means that we can pass on great discounts to our customers.

The Shop will be open during day time groups and activities.



Family Ties CIC



Join the ladies (and babies) at their Family First Drop-In session every Monday morning during term-time. Please contact Family Ties to book your space 😊

Our Drop In is aimed at ALL parents/carers with little ones (birth to pre school). We all need a change of scenery, adult conversation, peer support, parenting advice and social opportunities! Especially during these challenging times.



Family First Drop In

Alternate Mondays 9.30-11.30am @ Autism Inclusive, Green, Apollo Buckingham health and science campus, Crewe CW1 5DU



Our sessions offer you a relaxed and welcoming space for you and a stimulating and fun space for your little ones ❤️

*Booking is essential due to COVID restrictions so please book via Facebook or DM 😊

SEND parent/carer group with RUBY'S FUND

After a few false starts due to Covid, our new Ruby's Fund begins in March! A group for local parents which SEND children aged 0-4, contact Steph at RF to book your place.

Crewe SEND parents/carers group

Thursday fortnightly at Autism Inclusive

First session begins Thursday 18th March, 12.30pm to 2.30pm

Join Steph, our Family Support Worker for a cuppa and a chat.

Sensory play available for children!

To book your place email steph@rubysfund.co.uk



We're now on Instagram! Follow us @autisminclusive

Adult Gaming Rewards

Adult Gaming returns Monday 8th March, and as a thank you to the regular gamers, we're introducing loyalty cards. Collect your card and remember to get Chris or Dom to stamp it at each session.

1 full card = 1 free gaming session!



Sensory Rooms available to hire again



Bookings are now being taken! We're offering a free first session of 45 mins, this includes the use of BOTH sensory spaces. Thereafter 90-minute sessions will be available for £15.00. Get in touch via email to enquire about available times and to book

contact@autisminclusive.org.uk

COMING UP IN MAY 2021

We've a variety of workshops beginning in May. Delivered by both Mick Rimmington and Andrew Whitehouse, workshops will cover; Understanding Autism, Challenging Behaviour, Managing Meltdowns and Pathological Demand Avoidance. Keep an eye on our social media pages for more information.

NEW!

Smart Bright Young Things

We're teaming up with Smart Bright to offer a youth club for 11-18's. The monthly group will be drop-off and a fun-filled couple of hours. We'll be getting creative with arts and crafts, enjoying drama and films and much more. The first session is Saturday 24th April, 1pm-3pm, and is available to book online now.

Did you know, we have both a Facebook page and a Facebook group? Both feature information about our groups and events as well as other local services.

Page: @Autisminclusivenews

Group: "Autism Inclusive (closed group)"

Garden Project

Work is set to begin outside in the next few weeks. A safe, enclosed space, with seating and play equipment will be coming very soon and we cannot wait 😊

Mick Rimmington joins the AI Team

Mick was already joining us to deliver workshops, hampered by Covid delays, but we're extremely pleased to announce that thanks to funding, Mick will be attending both our Evening Support Group AND a brand-new Adult-Specific Support Group. Mick has an abundance of knowledge of autism and SEND in general, and we know that our community will benefit massively with his input. The first Evening Group is Wednesday 24th March, and the first Adult Group is Monday 19th April. See our opening times attached and head online to book your space.



Funding has been provided by the Randal Charitable Foundation



Reminder, how to book onto a group or activity

2020/21 has been a strange time, and even without the challenges Covid has thrown at us, moving to a new setting has been a huge change. We've also changed the way our groups and activities are accessed. All sessions **must** be booked online through our website. We cannot thank you enough for sticking with us and embracing the "new normal".

If you've not booked before, it couldn't be easier... just head to the 'Events' section of our website and scroll until you see the session you'd like to book onto 😊

www.autisminclusive.org.uk

Opening Hours

DAY	GROUP	RUN BY	TIME	WHEN
MON	Family First Drop-In	Family Ties	9.30am-11.30am	Weekly
	Adult-specific Support Group	Mick Rimmington	12.30-2.30pm	3 rd Mon of month
	Adult Gaming	Autism Inclusive	6.30pm-9pm	Weekly
TUES	<i>Sensory Room hire afterschool</i>			
WED	Morning Support Group	Autism Inclusive	9.30am-12pm	Weekly
	Evening Support Group	Autism Inclusive	6.30pm-9pm	2 nd Wed of month
	Evening Support Group with Mick Rimmington	Autism Inclusive	6.30pm-9pm	4 th Wed of month
THUR	Early Years SEND Parent/Carer Group	Ruby's Fund	12.30pm-2.30pm	Fortnightly
FRI	<i>Sensory Room hire during the day</i>			
SAT	Kids Gaming	Autism Inclusive	10.30am-12pm AND 12.30pm-2pm	1 st & 3 rd Sat of month
	<i>Sensory Room hire during the day</i>			2 nd Sat of month
	Smart Bright Young Things	Smart Bright	2pm-4pm	4 th Sat of month
SUN	CLOSED			

Please check our website and social media pages for seasonal events and activities not listed above.