

# COMING SOON - Friday 5<sup>th</sup> November

**Autism Inclusive is pleased to announce that Andrew Whitehouse is returning for another full day of workshops!**

9.30am – 11.30am

Magic Moments: Managing Meltdowns for Autistic, ADHD, and PDA children and young people

- What is a meltdown? How does it occur?
- What does a meltdown look like?
- What is the difference between challenging and anxious behaviours?
- An overview of some of the situations/difficulties that can contribute to meltdowns.
- When should I intervene?
- How to help the young person: Before? During? Afterwards?
- How do we support meltdowns in public places?
- What can we learn from meltdowns to help with future events?

This effective and thought-provoking workshop is appropriate for parents, carers, and professionals.

12.30pm – 2.30pm

Using Simple Visuals to Help with Managing Challenging and Anxious Behaviours for Autistic, ADHD, and PDA children and young people

- Why should we use visuals to help children with challenging and anxious behaviours?
- How do these visuals help with effective communication?
- How do I know when a neurodiverse child needs a visual intervention?
- What sort of visual interventions can I use, to help a neurodiverse child?
- Keeping it simple: some practical hints and tips for using and creating effective strategies to help you to help the child.
- How to create stepping stones, choices, and behaviour boards.
- Creating visual stories

This simple, effective, and practical workshop can be easily applied, understood and accessed by parents, carers, and professionals.

**These IN-PERSON workshops are £20.00 per person each, please book now online to avoid disappointment as places are capped to comply with Covid-19 measures.**

**[www.autisminclusive.org.uk](http://www.autisminclusive.org.uk)**



TEDx Speaker Andrew Whitehouse is a specialist in neurological diversity and provides interventions for professionals, parents and young people, as well as being a neurodiverse parent.

Andrew has several roles including training, strategies and therapies for education professionals in early years settings, schools, colleges and universities, observing learners in the learning environment and providing practical solutions to help them achieve their potential.