

# SCHWARTZ ROUNDS

CHESHIRE EAST & CHESHIRE WEST

## WHAT ARE SCHWARTZ ROUNDS?

Confidential and facilitated forums for anyone working or volunteering in health and social care to come together and to reflect on the emotional and social experiences associated with their work. During each round, and with the help from skilled facilitators, stories are told from a personal perspective.



**Read more at [The Point of Care Foundation](#)**

## WHO CAN ATTEND?

Anyone working or volunteering in health and social care or the third sector within Cheshire East or Cheshire West localities. This includes both clinical and non-clinical staff and those working in a variety of care settings.

## SOME OF THE KNOWN BENEFITS

- Encouraging compassion
- Increased empathy and understanding
- Hearing and validating the concerns of staff
- Acknowledging feelings and reducing stress and feelings of isolation
- Encouraging networking
- Strengthened teamworking
- Promoting a culture of openness
- Promotes a less hierarchical environment

*Cheshire East & Cheshire West organisations and their trained Schwartz facilitators are collaborating to bring a series of online Schwartz Rounds starting in May 2022.*

*If you want to find out more about how to get involved or if you have a story you would like to share at a future Schwartz Round then please contact Alison Clifford (EoLP) or Lisa Nolan (ECNHST) or email [info@eolp.org.uk](mailto:info@eolp.org.uk)*

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