## Cheshire Roses Group

**Reaching Out to Support Every** Woman with Cancer



## November "Meet and Greet"

Sally Cowman from @MoodMentorUK will be joining us and running a mini workshop which will be a chance to pause and take a moment with guided meditation, tea ceremony and journaling.

Please come and join us.

You are not alone

Tuesday 1st November 2022 7pm - 9pm

## To be held at

The Tea Lounge at Nantwich Town FC Weaver Stadium Nantwich CW5 5BS

If you are interested in joining our group please get in touch -



cheshirerosesgroup@gmail.com



07453 870602



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Supported by -