

## Support for ex-Armed Forces personnel at Veterans in Mind Cheshire and Merseyside

**To refer yourself to this service,  
please contact single point of  
access on 0151 908 0019**

**Alternatively complete the  
online referral form via  
[www.gmmh.nhs.uk/military-  
veterans-services/](http://www.gmmh.nhs.uk/military-veterans-services/)**



The service delivers specialist, high quality, and effective clinical treatment to veterans who suffer from ongoing psychological issues, resulting from their time as a serving member of the armed forces.

The established staff team has developed expertise in working with military service related psychological difficulties, giving us the right skills and knowledge to work effectively with our service users. Types of psychological difficulties can include trauma related problems; various anxiety based problems; substance misuse;

problems with self-management, including anger; depression and problems related to adjusting to civilian life after military service.

We also provide the necessary links to support veterans and their families with housing, financial and social needs. We do this by working in partnership with local Veterans' agencies, who can offer a range of service users, from increasing social networks, to linking in with other services that may be useful, promoting long-term recovery.

