

**Young Onset Dementia Group**  
**A monthly club**  
**based in Café 34**  
**Pepper Street**  
**Nantwich**



***'young onset' dementia is when symptoms develop before the age of 65, usually between 30 to 65 years of age.***

**If this is you or a member of your family or a friend then this new group is here to support you all.**

**We aim to help you navigate , provide advice, share experiences along with chat, laughter and good refreshments**

**Join us in Café 34 every 4th Tuesday of the month from 1.30pm—3.00pm**

**From 24th January 2023**



**Supported by**

**For Further information contact Dawn on 07488285861 or Lynn on 07580097468**

**Email [thethursdayclubnantwich@gmail.com](mailto:thethursdayclubnantwich@gmail.com)**



**The Thursday Club  
Nantwich**