

CHESHIRE EAST ALL AGE CARERS' HUB



From 1 January 2023 Making Space became the provider of the Cheshire East All Age Carers Service.

We have been supporting carers for over 40 years and have seen the changing and ever-increasing pressures carers experience. We will provide valuable support to help, **listening to what carers tell us** they need and adapting support accordingly.

DO YOU LIVE IN CHESHIRE EAST AND LOOK AFTER SOMEONE?

If so, whether you are a child, parent, family member or friend, you could be entitled to emotional, practical and financial support through our service.

We want to understand how you are doing physically and emotionally. If you reach out to us for support we will explore how we can help you in your caring role now and in the future.

We will work with you to find solutions and identify support and resources available to you in Cheshire East.



Our support will be personalised and holistic and will consider **with you** all the areas of your life and what is important **to and for you**.

This could include:

- Benefits advice and guidance
- A statutory carers assessment
- One to one support
- Peer support and groups
- Activities and carer breaks
- Access to respite
- Training relevant to your caring role
- Volunteering opportunities
- Befriending support
- Referrals and signposting to our partners
- Opportunities to shape the service we provide



WHERE YOU CAN FIND US

Our teams are based in various community venues across Cheshire East including:

Congleton, Crewe, Knutsford, Nantwich, Macclesfield, Handforth, Wilmslow and Sandbach.

We can also provide remote support via telephone and/or video call if you are unable to access a venue.

We want to hear from you so we can help you to look after yourself.

Tell us where, when, what and how we can provide support that would make a **real difference** to you.



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www.cheshireeastcarershub.co.uk

