Growing Health Community Garden

- A fully accessible wellbeing garden located in Brookfield Allotments, Nantwich.
- Open sessions in August on Mon 4.30-6.30, Tues & Thurs 10-12
- Additional ad hoc events such as music/crafting sessions
- Booking via email (address below)
- Aim to improve health outcomes of the Nantwich community through spending time in nature, socialising and learning new skills
- Opportunity to arrange bespoke sessions for your groups if desired
- Project CoOrdinator Adele Frost <u>adele.frost@nantwichtowncouncil.gov.uk</u> 07521 757 282
- www.ghcg.org
- Facebook Growing Health Community Garden Nantwich