



Parkinson's Bat & Chat

Table Tennis for people living with Parkinson's (PwP)

HELD ON THE 3RD MONDAY OF
EVERY MONTH:
Feb – May Dates =>

19th Feb, 18th Mar, 15th Apr, 20th May

All from 11am to 12.30pm
at the Bob Hope Academy, Nantwich.

To the rear of Elim Church, London Rd, Nantwich, CW5 6LW



Do you or someone you know have Parkinson's? Now is the chance to get out and get some exercise, meet fellow PwP and have some fun. Significant others/ helpers are very welcome to join in.

If you have never played before or want to bring back memories from youth club days, please come and join us for a game, a chat and a cuppa.



Our sessions are supported by Cheshire East Council and offered free of charge. Bats and balls are provided.

Please wear flat soft soled shoes.

Our club has wheelchair access.

Run by qualified level 2 coach: Jan Johns

Just come along, or for further information, contact Jan Johns on 07884 310209, or e mail janjohns1956@outlook.com.

Directions: The Elim Church complex is quite large, comprising several buildings. To the rear of the church are several business units surrounding a car park. Our club is in the top right-hand corner of the car park, below a martial arts club. There is a club sign over the door.

CREWE CENTRAL TABLE TENNIS CLUB, BASED AT, THE BOB HOPE ACADEMY, NANTWICH
Website: crewecentraltabletennisclub.co.uk