

**Supporting the  
Nantwich  
Community  
living with  
Dementia**



**10.30 am to  
12.30 pm**

**Drop in**

**Based in**

**St Marys Parish  
Hall Nantwich**

**4<sup>th</sup> January 2024**

**Stand Strong  
AGM**

**11<sup>th</sup> January 2024**

**Recycling with Lisa from ANSA**

**18<sup>th</sup> January 2024**

**Carl Brent Entertainer**

**25<sup>th</sup> January 2024**

**Gareth Williams Workshop 2**

**1<sup>st</sup> February 2024**

**Stand Strong**

**8<sup>th</sup> February 2024**

**Age Uk Digital Workshop Amy Jones**

**15<sup>th</sup> February 2024**

**Exercise with Andy**

**22<sup>nd</sup> February 2024**

**Age Uk Community Adviser Helen Mann**

**29<sup>th</sup> February 2024**

**Gareth Williams Workshop 3**

**7<sup>th</sup> March 2024**

**Stand Strong**

**14<sup>th</sup> March 2024**

**Musical Moments**

**21<sup>st</sup> March 2024**

**Namasta Mini Workshop**

**28<sup>th</sup> March 2024**

**Dance with Bettina**

**4<sup>th</sup> April 2024**

**Stand Strong**

**11<sup>th</sup> April 2024**

**Carl Brent**

**18<sup>th</sup> April 2024**

**Exercise with Andy**

**25<sup>th</sup> April 2024**

**Nantwich Museum**

**2<sup>nd</sup> May**

**Stand Strong**

The Thursday Club (part of Creating Dementia Friendly Nantwich) supporting the community living with dementia contact lead volunteers **Dawn on 07488285861 or Lynn on 07580097468**

email [thethursdayclubnantwich@gmail.com](mailto:thethursdayclubnantwich@gmail.com)



Facebook: The Thursday club Nantwich